



Chai BLISS

♥ welcome to **Bliss HEALING** AUTUMN

Edition *Twenty Ten*

BlissHEALING 1 YEAR ANNIVERSARY EDITION

Today is the 1st Anniversary of the BlissHEALING Newsletter.. I feel happy that the knowledge shared in these newsletters is assisting the international community.. BlissHEALING continues to evoke such positive feedback from the many and varied (and ever growing) readers from all reaches of this wonderful globe.

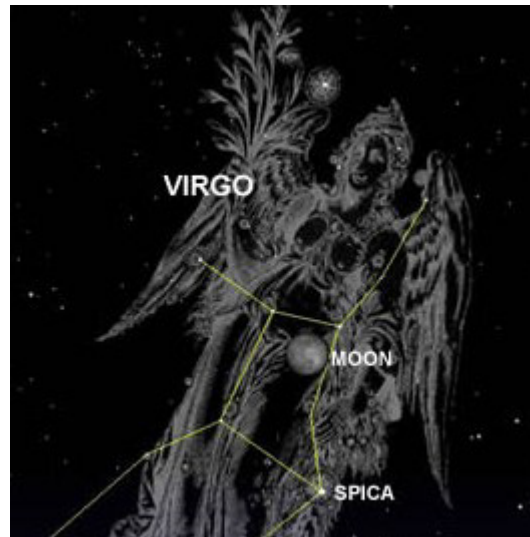
From **::Homeopathic Remedy Information::Oracle Art::ChaiBLISS ingredients HERBAL MEDICINE::Angel Guidance::Astrology::Manifestation Mobiles/Made It::** the content continues to be both varied and constant. Over the year www.chaibliss.com has grown as we grow... PayPal was installed for ease of purchasing all around the world... The new Madelt shop opened... Products evolving and continuing to offer excellent quality and efficiency.

I love love love receiving all your feedback.. thankyou for saying thankyou!! It is always lovely to hear from you x0x

The Ongoing Giveaway will be drawn very soon :) I shall offer a few more weeks, so that everyone has an opportunity to register... As a 'small business' this is a 'large giveaway' for me.. so I am very happy to be utilising this ANNIVERSARY energy to release the goodies!!!!

This Edition:: Happy Full Moon in Virgo
Cloves
More on Water
Emerging Angels Updates
New ~ Latest Manifestation Mobiles

::Happy Full Moon in Virgo::



March 1
Focus on HEALTH, EARTH & ACCURACY

Call upon Archangel Raphael.
Choose the healing colour green.
Tune into Malachite, Jade, Aventurine.

Gaze and commune with TREES.
Send energy down through the roots into the Earth and let your thoughts be cleansed there in the earthly depths. There is a crystal glimmering in the roots of the forest. Let it communicate with you in your heart.

Utilise this etheric crystalline, Earth energy to FOCUS on your heart's true desires.

Reassess your goals and plans.. allow your heart to guide you... **Your SOUL and EARTH are in PERFECT HARMONY.**



::CLOVES::

Syzygium aromaticum



Haha.. folklore says that sucking on two whole cloves without chewing or swallowing them helps to *curb the desire for alcohol*... love that one!

Traditional Chinese Medicine has long utilised cloves to treat INDIGESTION, DIARRHEA, HERNIA & RINGWORM as well as ATHLETE'S FOOT and other FUNGUL INFECTIONS.

In Ayurvedic Medicine cloves are used to treat RESPIRATORY **and** DIGESTIVE ailments.

Medieval German herbalists used cloves against GOUT.

Cloves are effective against STREP, STAPH & PNEUMOCOCCI BACTERIAS.

Cloves are said to have a positive effect on STOMACH ULCERS, VOMITING, FLATULENCE & TOOTHACHE. It is a powerful local antiseptic and mild anesthetic also containing ANTI-OXIDANTS (which help prevent cell damage that cause cancer)

Cloves also KILL INTESTINAL PARASITES and help *relax the smooth muscle lining of the digestive tract*.

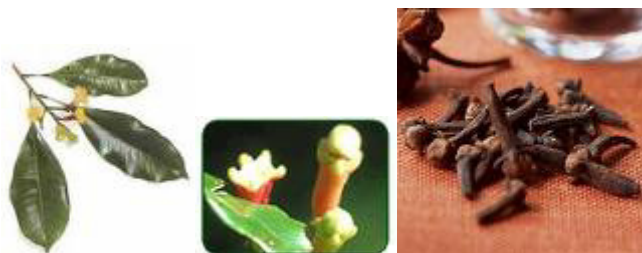
WOW Right!

(Other medicinal uses found include scabies, tuberculosis, malaria, metabolism stabilisation, blood circulation, cholera)

It is a mosquito repellent & an antispasmodic... relieving COUGHS.

- ~ useful to relieve MORNING SICKNESS
- ~ reduce ACNE & reduce SKIN SENSITIVITY
- ~ beneficially reduce BLOOD SUGAR LEVELS.

For your **delicious** healthy tonic... ChaiBLISS contains cloves and so many more medicinal herbs & spices.





:: DRINK ChaiBLISS FOR YOUR HEALTH ::
:: AYURVEDIC PRACTITIONERS ARE RECOMMENDING WARMING DRINKS AS WE MOVE INTO AUTUMN TO CALM THE 'VATTA' DOSHA ::
:: ChaiBLISS IS PROVING TO BE A BENEFIT TO OUR HEALTH AND OUR TASTE BUDS ::
:: SAFE **(AND RECOMMENDED)** DURING PREGNANCY/LACTATION :: FOR CHILDREN & ELDERLY :: DURING CONVALESCENCE ::
😊

::More on Water::

As I was preparing for an early night last night, I received a txt message from a friend... 'there is a tsunami alert for the area' it read.. My honest and immediate reaction was disbelief, then fear, then ... ahh... ANGELS PLEASE WORK THIS OUT!!! all within seconds of receiving the message. I forwarded the message on to loved ones and sat quietly with my Guides and Angels to receive messages..

I felt strongly that the work of Dr Emoto was VERY RELEVANT at this time.. as water holds memory.. and EVERY ONE of his email messages mentions this and how we can literally program the energy of LOVE AND GRATITUDE into every cell of our bodies with this technique... So here we have the Pacific Ocean about to react to a large movement in Chile... lots of water! By sending peace and love to this large body of water.. and by feeling the calm and the love of/for our families and friends, I believe this planet overcame a major 'fear bubble'. We were forewarned and better educated on the energies and feelings of love to handle this on an energetic, global scale.

So.. :) Well done earth angels.. with all our loving prayers and peace filled hearts of light, the ultra receptive water calmed, and further averted global disaster! Please, now let us rise 2 the occasion further... EVERY HOUR ON THE HOUR.. THINK, FEEL AND SHARE LOVING THOUGHTS 2 OUR STUNNING UNIVERSE... EACH PLANET, EACH PERSON, EACH PLANT... you get the idea x0x

My favourite affirmation for the month will also work nicely with this recent occurrence...

**ALL THE INHABITANTS OF THIS LOVELY PLANET ARE
HEALTHY, WEALTHY
&
WELL BEHAVED
NOW
WITH SUPREME GRACE**



Many of my patients are also discovering that by placing a drop of their prescribed homeopathic remedy into a glass of fresh water.. their results are very effective. By being CONSCIOUS while preparing foods and beverages, we can alter our bio chemical make up and the results are truly PEACE, LOVE & HAPPINESS. Get in touch with the water molecules today, and feel the difference!



March 22 is **WORLD WATER DAY** declared by the United Nations. The **AUTUMN EQUINOX** is March 21st :: Day & Night are EQUAL LENGTH :: Astrological New Year as the Sun moves from Pisces to Aries. Dr Emoto is holding a "Water & Peace" Global Forum at Lake Biwa (Mother Lake) Japan between March 20~22. He has organised musicians and healers and will be devoting peaceful intentions toward the Lake and all water as he has done at many locations around the planet before. He opens the invitation to join in and experience the "Golden Pyramid of Peace" by attending or by sending your loving thoughts and prayers.



Lake Biwa is Japan's largest fresh water lake.. also regarded as one of



the planet's oldest.. 10 minutes from Kyoto

::EMERGING ANGEL UPDATES::

I thoroughly recommend having a look at Karen Bishop's site...

www.emergingearthangels.com

You are able to sign up for her free insightful earth updates, and also download her *latest fantastic e-book*.

I know I have mentioned her before... so many of you are reconnecting to this SOUL ENERGY... she explains things oh so well.



::NEW ~ LATEST MANIFESTATION MOBILES::

As per usual this is so new, it has not been added to either my webpage or my madeit shop.. I always like to let you in for the 1st new goodies!!! It is an honour to have you as a regular BlissHEALING reader and I appreciate your support.

BUTTERFLY~BUDDHA HEART LARGE

TOTAL LENGTH 58CM

BUTTERFLY = 20cm wide x 15cm

HEART = 21cm wide x 18cm

As it is the special **1st ANNIVERSARY EDITION OF BlissHEALING**, a special price/special offer (yes, as well as the 'Ongoing Giveaway' of **125gm jar ChaiBLISS + BlissHEALING tote bag + Manifestation Mobile!**)

This is a one of a kind Manifestation Mobile.. and yes, more to follow (love it)
For BlissHEALING readers the special offer for the BUTTERFLY~BUDDHA HEART is **\$33 + postage**

It will be posted on www.madeit.com.au/ChaiBLISS for \$44 + postage.



:: Hand made with love :: natural KAPOK stuffing :: upcycled cotton printed fabric ::
one of a kind :: perfect gift ::
:: NEW large templates ::
:: sew sew good ::

:: best snack ~ ALMONDS :: support adrenals :: nutritive :: easy :: also try organic almond milk