

♥ welcome to Bliss HEALING

June Edition *twenty ten*

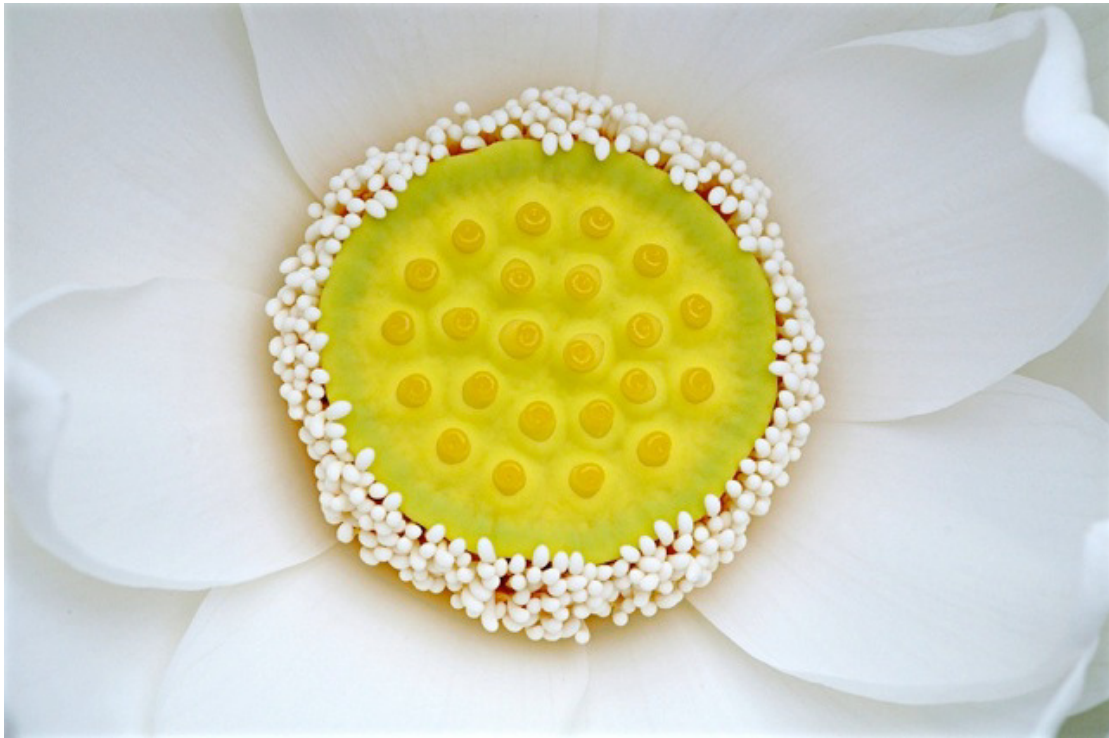


Photo by Stephanie Lane as seen in National Geographic Magazine Feb 2010

Hi everyone, and welcome once again to BlissHEALING.

Lots of BIG ENERGY around at the moment .. More on that in the article regarding the FULL MOON and the Elementals to work with at this time.

In this Edition: BEST SELLING REMEDIES
REMEDY PROFILE: CALC. FLUOR.
CHAI BLISS ORDERS
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So, lots to enjoy in this Edition... I hope you can find a sunny little nook to read this with your favourite mug of chai!

Hugs and Fairy Wishes
RAINBOW BUTTERFLY TARA



BEST SELLING REMEDIES

This month the best selling remedies by far have been FERRUM PHOS 200C & PULSATILLA 200C.

Ferrum Phosphate in homeopathic form is brilliant to have on hand at this time of year. For fevers, blocked nose and that annoying chesty cough that often follows our school children home. Ferrum Phos is homeopathic IRON and oxygenates the blood, increasing circulation and expectoration. 1 drop every 10 minutes for 30 minutes in acute conditions and then as required.

PULSATILLA is favoured when the symptoms of cold and flu are accompanied by EMOTIONAL UPSETS.. The crying, clinging runny nose with a headache, tummy ache kind of feeling. As a PREVENTATIVE, Pulsatilla 200c is highly recommended to COUNTERACT these conditions before they begin. So if you have been in the company of others with colds, this one is for you.

All remedies are bottled in healing GREEN glass ... they last for ages and can simply pop in your bag or car to have with you at all times. Each 10 ml bottle holds around 240 drops!!



REMEDY PROFILE: CALCAREA FLUORICA



I use Calc. Fluor once a month to give extra strength to my children's teeth and bones. As a preventative dental treatment it is very wholistic.

Calcium Fluoride from which this remedy is derived, is a naturally occurring mineral throughout the planet. In our bodies it is found mostly in the bones, teeth and ligaments.

I would recommend this as a homeopathic TEETH STRENGTHENER and also to STRENGTHEN BONES.

This month I am offering Calc. Fluor as a \$10 special (usually \$13.50)

ChaiBLISS ORDERS



So many FREE SAMPLES were requested and received around town and through the post. Thankyou for all your repeat orders this month... it is a busy time of year as the chai tea connoisseurs enjoy their favourite organic caffeine~free chai all around the world. I am keeping up with the 'batches' made with love love love and infused with Reiki and Angel Blessings... I am very happy with my spices and mortar & pestle ! Just letting you know that I still have a fast turnaround with trips to the post office most days available. You will receive your ChaiBLISS order within days ☺

NEW MANIFESTATION MOBILES

Lots of creativity within me! The treasure of finding lovely fabrics has been a passion of mine for many years. The act of the simple blanket stitch is so very soothing and meditative... combining many of my little passions is a joy of mine that is MANIFESTATION MOBILES.

GARDEN HEART

Extra large heart

20 X 20 cm approx

White cotton fabric with embroidered flower details/stitching and seam detail too.

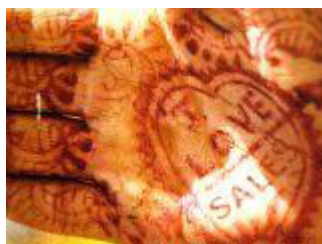
Natural Kapok stuffing

Rose Quartz coloured cotton thread

Cushion shape design

\$20

For BlissHEALING readers this month \$15 (one of a kind)



LAYERS OF LOVE

Extra large heart/medium & small heart

85 cm long

White cotton fabric with embroidered flower details

Natural Kapok stuffing

Aventurine/Rose Quartz & Pink Quartz coloured cotton thread

\$35

For BlissHEALING readers this month \$30 (one of a kind)



THE 7 HEARTS OF BUDDHA

7 x small hearts

85 cm long

Dark brown/blue/white cotton fabric

Natural Kapok stuffing

Blue Lace Agate coloured cotton thread

\$30

For BlissHEALING readers this month \$25 (one of a kind)

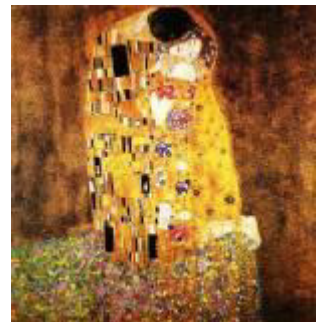
See www.chaibliss.com shop for images

FULL MOON ANGEL GUIDANCE

This Friday 28th May @ 9:07 am is a FULL MOON in Sagittarius ✈ A time to be the Professor of Self, of Passions & of Humour.

The Salamanders or Fire Fairies are ready to work with us in relation to our hopes and dreams.. Our innate fire.. Our Creative flame.. Red, purple and orange crystals are highly attuned to the Element of Fire and to the fairies. Little red ribbons are also shown to assist with making a physical manifestation reminder of an inner passion... these are especially good in the garden and in the feng shui areas of wealth/prosperity and romance/relationships.

An actual flame of a candle or fireplace is a powerful access point... set your dreams alive on the flames. If you are feeling artistic, try your hand with reds and purples in your colour palette... pastels also embody a sensitivity that lends itself nicely to working with the vibrancy of the fire element. Fire coloured flowers are also a favourite of the fire fairies... have fun!





Check out this little treasure I found online... http://www.bedtime.com/html/fire_fairies.htm © 2002 Kurt Guenther

MEDITATION

Visualise sending light to any/every area that could benefit..
Shed some light
(a situation, body part, person, location, thought pattern)



Calling in Archangel Haniel the Archangel who illuminates with the pale light coloured blue ray

Hello sweet angels of the Earthly Realm.. I am sending you such strength and support now.. Your own personal energy is paramount. I see you all as such CARING spiritual physical beings (all in need of a good angelic back rub!) and pat on the back ☺

I shield your energy from negative thought patterns that spin around and around the planet in the group consciousness. I have sent some swirling misty white cleansing & fortifying energy through your crown chakras and around your hearts.. This vibrant shield is everlasting!! Ofcourse thinking about it and visualising it will increase it's effects.. Yes ofcourse, you are able to request this energy for others, I am able to assist on many levels.

At this Full Moon, you may have begun to sense a change about a week ago! This one is a strong and pivotal shift involving some magnetic field changes and fine tuning. Your DNA is receiving an enhancement (expect some extra energy during sleep times) I am also working with my swirling mist energy to clear and enhance your SOUL CHAKRAS at the base of your feet. The other chakras have been well known for thousands of years via eastern mysticism.. The Soul Chakras are a new edition to the evolving, humane soulful body. This cleanse may have you relocating or rethinking your physical location... there are times when a literal shift occurs and many find themselves in the 'like attracts like' vibrational match to their heartfelt dreams.

I recommend taking stock of YOUR passions, YOUR desires AND your HEART... release the ancient and forced bonds society heaps upon you and fly into your very soul.. SEE the light... FEEL the peace... ENJOY the moment and THRIVE! You are a miracle.. A true and honest MIRACLE and your light can be seen by all.. It is time to link lights, so to speak and form the beautiful new light body matrix for this stunning living planet Earth. She is a gift to you, your HOME.

At this Full Moon remember your SOUL MISSION and honour this in every breath.. Take conscious control of your existence and recover your fondest life. It is all there for you. Your spirit is breathing a sigh of relief as it registers these words. Your physical heart is sending healing messages to the whole of your physical body.. No more panic, no more 'make do'.. this next phase has HEAVEN FULLY GROUNDED HERE ON EARTH... it is the times we have

incarnated for.. It is the CELEBRATION of the SOULS.

Release your intentions to the moon and allow the illuminating rays to support them as they return to you with grace in their highest manifestation. You are a co~ creator of this Divinity. Your happiness is VITAL. This brings you health and vigour for every breath. Look to each other's light, and support each other with your kindness.. The conscience of humanity is vast and it is great! Look within and look deeply within another ... take the time to see, to really see that other person's light... let that Labrador show you it's true spirit.. Your heart is in Celebration mode.. Allow it sweet darlings ♥



www.josephinewall.co.uk/soul.html

AVALON

Many many of us enjoyed life in Avalon. It was a time of learning, a time of friendship and a time of multicultural expansion. The mists between the realms allowed the Fairies to be part of the education process for a select few. These now teach these wisdoms in other lives, and from the heart. The theme in Avalon was to serve the Highest Good. Healing, Earth wisdoms and Astrology were strong themes. At this time and place so many shared their knowledge gleaned from mastery training in other cultures and other climates, all with the basis of truth, integrity and harmony.

For those of us furthering this tradition CRYSTALS, CLEAN FOOD & NATURAL PLANT SOURCED CLOTHES are a good way to continue with the energy, and to be a healing example for others.

Many link the energy of Avalon with that of the Goddess... it is true that physical divinity was treasured and honoured here, as well as thoughts of love (the God energy) A time of spiritual balance that has many stories throughout history in many cultures to remind us.

To honour your physical body and enjoy tapping into this ancient wisdom, enjoy in season apples now... the food of the month.

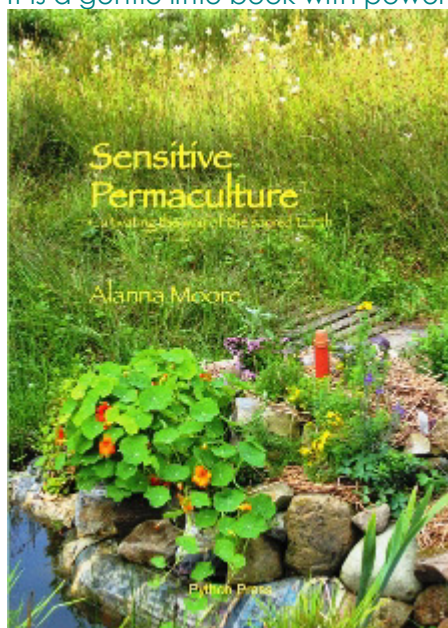


BOOK OF THE MONTH

As an avid reader I thought to share books I am enjoying. I would love to hear other books that you recommend too... or if you have a book you have written and would like me to read. Kid's books are also a fave ☺

This month I read *Sensitive Permaculture* by Alanna Moore.

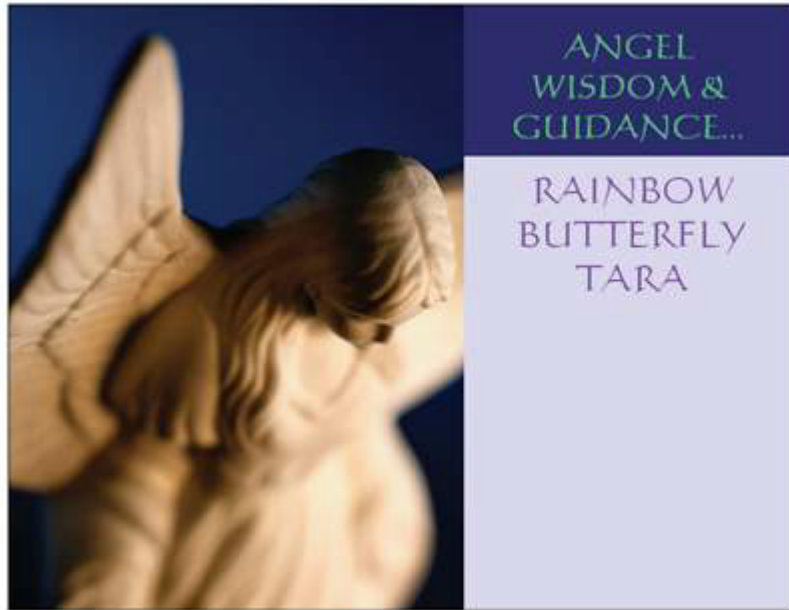
I found this experience to be sweet, inspiring, open, personal and wise. It is a gentle little book with powerful intelligence.



GIVEAWAYS

I would love to offer 5 lovely readers the opportunity of a cleansing, clarifying ANGEL WISDOM GUIDANCE Reading via email.

Please contact me with your details and I will put you in the draw.



With Angel Blessings of Infinite Bliss
RAINBOW BUTTERFLY TARA



Oracle art by RAINBOW BUTTERFLY TARA