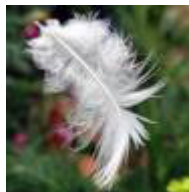




♥welcome to **Bliss HEALING** September Edition

In this Edition: New Pricing for Readings/Healings ~ SPECIAL SEPTEMBER GIVE AWAY
Remedy Profile ~ SILICA
Totems ~ dreams/names
White Buffalo Calf Woman Speaks
Wise women we know
Smudge Sticks for sale

NEW PRICING



I trust this finds you inspiration and joy. I have recently been guided to offer a new pricing structure. I have also personally received many bargains and good fortune recently and this is my way of PAYING IT FORWARD. Before the new prices begin on September 1, I am guided to offer Guidance by your Angels Readings/Healings at a discounted give away price of **ONLY \$10**. You are even able to book readings in advance (just so long as they are ordered by Sep 1 :)

Feel free to offer these as gifts and pass on the offer to those you feel will appreciate. I am getting the Bliss HEALING September Edition out a little earlier so the news has time to get out there. From September 1, the new prices will include 2 options: 1/2 hour = \$40 & 1 hour = \$60

To order your reading please fill out a CONTACT FORM on www.chaibliss.com

HOMEOPATHIC REMEDY PROFILE ~ SILICA



Silica (Silicea) or SiO₂ is a CONSTITUTIONAL REMEDY par excellence. It is invaluable in the first aid kit.



Silica is one of the Earth's most prevalent materials and can be found in many forms.. sand, clear quartz crystal and glass. It is also widely used to enhance communication in technology.

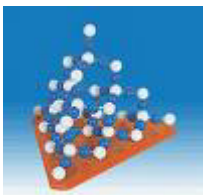
Putting this into perspective, it is useful for many of our facets.

Constitutional Homeopathy focuses on the inherent yet changing make up of the person/animal. A dose of the constitutional remedy has the ability to make the body whole again... akin to the perfect key to the present lock.

In first aid, Silica is most useful to **REMOVE SPLINTERS and STYES**. It increases **ASSIMILATION** and dispels **UNWANTED ENERGY** from the body and psyche. The **IMMUNE SYSTEM IS ENHANCED IN EFFICIENCY** with homeopathic Silica in the system.

Silica works with the **HAIR, SKIN AND NAILS** offering a strengthening and tonifying effect.

Emotionally, Silica offers **STRENGTH AND DEPTH OF PURPOSE... INTEGRITY AND AN ABILITY TO FOLLOW A PROJECT TO FRUITION**.



Silica offers **STRUCTURE**.

The typical Silica patient is extremely sensitive to cold.. infact sensitive to many things.. Silica offers the 'grit' needed to move through a situation. Silica also affords the **STAMINA & COURAGE** to begin something. Being **TIMID** can be a trait of the Silica Constitution.

Some key words relating to Homeopathic Silica would include: **CONCENTRATION, CONSCIENTIOUS, MENTAL STRAIN, SENSITIVE, SHY, RESTLESS, LACK OF SELF-CONFIDENCE**, Physically Silica can assist with **ABSCCESS, TEETH, GLANDS/MUMPS, ATHLETE'S FOOT, SWEATY FEET, EXCESSIVE BODY ODOUR, WEAK BACK, BONE HEALING, CATARRH/COLDS, SENSE OF TASTE/SMELL, SINUS, CONSTIPATION, CORNS, COUGH, DIARRHOEA/FLATULENCE, EARACHE, SORE EYES, FEVER, HEAD ACHE, CUTS/WOUNDS, INSOMNIA, SORE THROAT**.

As you can see, finding your **CONSTITUTIONAL REMEDY** is a great gift indeed.



TOTEMS ~ DREAMS/NAMES

Often in readings, I am guided to tell someone they have a SHAMAN with them, or that they, themselves have shamanistic talents.. A shaman is one who traditionally works with Totem Energy. As we are all connected here on this lovely planet, and indeed, within this amazing Universe.. the energy of certain animals stand out in their relationships with humanity.

Shamans can also enter the DREAMTIME and access the totem energy of a person.

A totem energy is highly SUPPORTIVE. It offers itself to an individual or a group to share it's gifts.. similar to a doctor's help. The totem energy may be subtle or undeniable. Many cultures throughout time have been aware of these energies and have utilised the totem in dreams, names and spiritual travelling.

Often a dream will offer signs as to the totem energy present.. a recurring dream will be a clear indication.

Names, too, will present themselves. Many cultures recognise the shifting totem energy and 'find new names' at different times of their lives.

I am happy to work with your totem energy.. sometimes this energy is a simple reconnection of spirit and can effectively access hidden aspects of our personalities.

While out in a natural environment, become aware of the animals, birds and energies around you.. finding that stillness will open up a whole other realm within.

Before sleep, ask to receive information regarding your totem spirit. It is also possible to specifically ask an animal to help you energetically... whenever I see Pelicans soaring high above, I get a feeling of elation.. I know a higher perspective is available. A totem energy is usually something you are quite aware of. You have been working with them all your life. We all have AFFINITIES, and this is the clue when we are reconnecting with our totality.

Some totem animal energy:

DUCKS: a symbol of love.

TURTLES: everlasting rhythm.

UNICORNS: magical.

OWLS: wisdom.

ELEPHANTS: ancient memories.

DOVE: peace and communication.

BEAR: healing and family.



WHITE BUFFALO CALF WOMAN SPEAKS



Gentle children rejoice.. this is our time NOW.
 We have held hands in our hearts and we have realised so many of our dreams;
 this reconnection is a baby compared to what is to come..
 We have been the followers for so many centuries.. this is the time of the EVOLUTIONARY POWER OF
 INTENT.
 We are all connected..
 and in SPIRIT we are One..
 so many speak of this truth..
 it is now an actuality in our recognised states of awareness!
 This synchronistic act of kindness moves us all to celebrate.
 This celebration begins wholistically and wholesomely.
we begin by following our bliss..
 our bliss is our sacred gift to the all that is.. it is a super awesome energy that allows us to grin!
 our hearts fill up.. Overflow..and others catch on to the healing energy of love..
 it is our gracefilled existence that has us celebrating.
 As our hearts dance.. our lives become all that we hoped they could be..
 The past is so far gone.. the future, BRIGHT!
 our rainbow auras filling the universe with harmonious intent..
 one man, one woman.. two hands held.. two hearts connected..
 a child of the universe.. reincarnated soul energy.. reliving a fresh new possibility...
 a playground of calm, creative, flowing love.

here is our dove xOx



WISE WOMEN WE KNOW

Gai Allen at www.elements4theheart.com.au can find you a Liquid Mineral Remedy.

Nanna Doreen. Some Wise Women are completely unassuming, yet this wise woman has remained a constant source of wisdom and humour throughout my life.. now, at the age of 84 she is reading my newsletters online! She is a credit to the natural healing process... takes her homeopathics regularly and enjoys a great cup of ChaiBLISS daily!! Love you x0x.

SMUDGE STICKS FOR SALE

Some of you have expressed your interest in smudging recently. I am just letting you know that I have some I have made from local and hand grown ingredients. I wrap the herbs/plants with green organic hemp twine or natural cooking grade cotton.

My favourites are **LAVENDER, ROSEMARY, LEMONGRASS AND LOCAL PINE NEEDLES.**

♥AS A LITTLE EXERCISE IN RECONNECTION AND COMMUNITY...PLEASE FORWARD THIS ON TO ONE NEW CONTACT YOU MET THIS MONTH...SHARE THE LOVE♥



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