



♥ welcome to **Bliss HEALING** ♥
February *Twenty eleven* Edition



I feel like I'm in a 'good place'. Energetically. My years of affirmations, healthy life choices and optimism are all collaborating nicely ☺

My most recent mantra is "I LOVE WHERE I LIVE AND I LIVE WHERE I LOVE".

I also like the Louise Hay favourite "EVERYONE IS IN THE PERFECT PLACE AT THE PERFECT TIME WITH GRACE".

We are meant to 'feel good'; reassured, confident, vibrant, honest and complete. This is 'who we are'.

This morning I witnessed a 'marsupial miracle'. One of the two wallabies with joeys in their pouches was feeding on the other side of the gully in the backyard. Her joey was OUT bounding so quickly all around her, taking in the wonderous location. So tiny yet so AGILE. I am so blessed to be the local light worker custodian of this area!

In this Edition: Office hours
Astrologically
Butterfly's Book Club
Angel Guidance Reading/Tarot version



OFFICE HOURS

Now a few of you are wondering 'when am I open?' To be completely honest, I am still working out a timetable, so my best advice would be to just contact me and we'll work something out. School transitions are going stunningly. Thankyou angels for such awesome teachers and friends for all! When we work WITH the law of attraction it's so effective ☺

ASTROLOGICALLY

Yes, Chinese New Year in February. The year of the Tiger moves to the year of the Rabbit/cat. We will begin to notice a calming down of sorts as the energy shifts. This is ancient, ingrained belief at play.

The Rabbit enjoys 'playtime', rest time, clean food, frivolity, cuddles and a nice home.

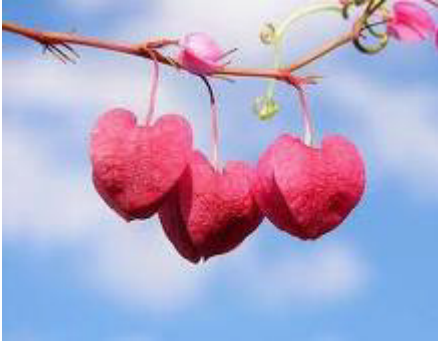
Planetary astrology for Feb sees:



THE SUN: Shining through Aquarius (lots of great ideas and community) into Pisces (deeper, inner knowingness).



MERCURY: Feb begins with a few days of 'financial planner/earth appreciating' Capricorn, so COMMUNICATIONS will be focused here. Then, as with the Sun, 3 weeks or so in Aquarius before moving into Pisces.



VENUS: Will see the first week of Feb with the adventurous and wisdom loving Sagittarius energy. On the 5th she moves into Capricorn and settles in for the 28 day month. Valentines Day will show cool and caring Cap maybe spending a bit extra to show affection. Capricorn energy in Venus is not gushing with emotion but it is LOYAL.



MARS: Is in Aquarius all February until transiting to Pisces in the last 5 days. This should bring some fun and unexpected themes relating to activity. New possibilities and helpful contacts.



JUPITER: Our large, expansive planet is in Aries this month. New beginnings (underlined underlined). Start it and let it grow!



SATURN: Our planet of lessons and learning is Retrograde in Libra so relationships and balance are being revised. Remember what worked last year may just not be so fitting next Tuesday... times change. Reassess and move on.



URANUS: Pisces energy fills the month bringing kindness, charity and humanitarian elements.



NEPTUNE: Our dreamy connection aligns with Aquarius again this month. A dream awareness may reveal new connections and altruistic opportunities bringing new depths to our collective consciousness.



PLUTO: (you're still a planet to me ☺) Lots of Capricorn 'groundedness' in our evolution this month. Themes of eco and earth based evolution continue for the whole of 2011.



CHIRON: Our healing counterpart moves through Aquarius (healing our connectivity to others) into Pisces where we can find healing within for the last 3 weeks of Feb.

Feels like a nice month of helping, healing and heart based themes. Healing thyself, helping others heal and sharing this healing with the Earth. Goodo.

NEW MOON/LAMMAS/CHINESE NEW YEAR of the Metal Rabbit
In Aquarius
Thursday 3 Feb

Communicative, fluid, decorative, connective, calming, comforting, supportive.

LAMMAS

The word 'sabbat' in French means 'to celebrate' and are ancient seasonal turning points in the year. Celebrations begin at sunset and continue to sunset the next day.

Lammas is a 'harvest festival'.

Celtic = loaf mass.

Traditionally grains and fruits are honoured.

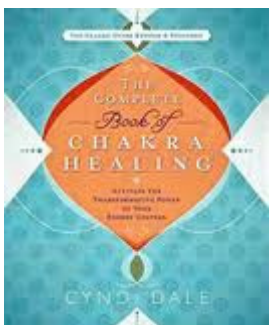
♥ A time of reflection and gratitude ♥



BUTTERFLY'S BOOK CLUB

So many goodies on my library card this month...

Spiritual teacher, Cyndi Dale has put together a revised edition of 'The Complete Book of Chakra Healing'



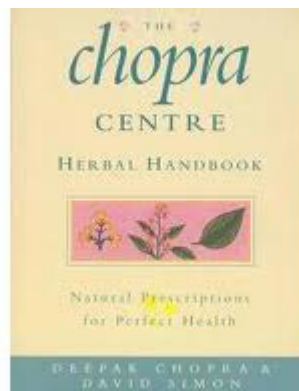
This tome is an encyclopedia regarding energy work and all things Chakras. Cyndi explores many 'out of body' chakras and lists comprehensively the anatomy and energies of 32 chakras. A joy to read and explore. Many client cases and real life healing stories plus her own experiences. Lots of diagrams and many eye opening insights. Highly Recommended.

Frankie Magazine has put together a large and colourful interiors book called 'Spaces'. Huggable large magazine format brimming with ideas with thrifty artful ideas from real folk. I devoured every page.



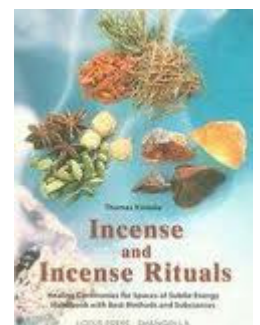
This book shows that creative culture is the way forward. That what Nanna knew was right! Everyone has a unique style and this book is a showcase of all things groovy.

'The Chopra Centre Herbal Handbook' discusses the 44 herbal remedies utilised at the Clinic. Wholistic in nature, Vedic medicine and history is discussed as well as western philosophy. The bodies doshas, Vatta, Pitta and Kapha are explained and explored in a way that makes them easy to understand. There is also a questionnaire to find your own predominating doshas based on your own cycles and body.



I thoroughly enjoyed reading all the ingredients in ChaiBLISS and their medicinal qualities from their point of view. Favourite quote.. "Good food is preferable to good medicines".

From another ChaiBLISS perspective, I enjoyed reading 'Incense and Incense Rituals' by Thomas Kinkele. A list of herbs and ignitable natural ingredients showed that the ingredients in ChaiBLISS are therapeutic on so many levels. Even burning them is healing!



ANGEL GUIDANCE READING/TAROT VERSION

This month we are going to mix it up a bit. Still utilising the Angel Guidance Board format and themes, I am going to re-introduce the tarot deck. In this way I am hoping to offer an insightful angel reading for the month with useful themes and also share some information on the tarot as we go along.

Tarot cards have been a part of my life for such a long time. I like to integrate the energies of Oracle cards with the ancient themes of the tarot. Both are supportive on wholistic levels.

While most Oracle Card decks have 44 cards, the Tarot has 78. Doreen Virtue popularised the 44 card Oracle Deck in the 1990's. 44 is a special 'angel number'. Since then, many other authors have published their own versions.

The tarot deck consists of 4 'suits' just like a normal playing card deck. These represent 4 themes of life.

Swords/Spades = Intellect/thought processes/mental energy
Cups/Hearts = Emotional realm/feelings
Staffs/Clubs = Actions/doingness
Pentacles/Diamonds = Material things/money/food etc

With a bit of basic training in the 4 suits, and some background knowledge in numerology, we can all read the cards with growing ease.

The added 22 Major Arcana cards depict the journey through spirit and are the differentiating cards, making a tarot deck. When a Major Arcana is drawn in a reading, I am guided to draw another card until a suit card is reached.. This 'fine tunes' the major spiritual message.

HOME :: ARCHANGEL JOPHIEL



:: QUEEN OF CUPS ::

This cards depicts a happy woman. This represents yourself or someone very close to you. She is a confident and mature woman, fully content with her own emotions. It shows that she will be visiting your home or that you, yourself will be happiest and content within and with your home. Also, to recharge your home or emotions, connect to your home or invite that woman over. This is a very positive card symbolising mastery and solutions.

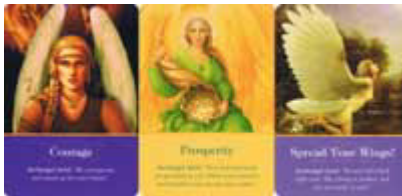
ROMANCE :: ROMANCE ANGELS



:: EIGHT OF STAFFS ::

8 signifies Universal Love energy and can also be the 'money number'. Staffs are our action card, so this card in the Romance section would indicate that we will find romance in our working life. By being the true expression of universal love and combining this with our life purpose, we will ultimately find wholistic union on a romantic level... Sounds fun! The angels have been saying for years that the real reason we 'go to work' is actually to connect with our twin soul. This is reinforcement for that message. Also a reminder for those couples with separate vocations, that 'working together' is the way forward in any situation.

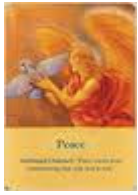
MONEY :: ARCHANGEL ARIEL



:: 4 OF SWORDS ::

This is a time of mental ease and togetherness. The four energy can also represent work, yet in this case it is relevant to mention that the shape of a four extends naturally from the 3 of the triangle and forms a balanced square. This shape is fully equal in all it's 4 corners, symbolising that the mind is at rest and feeling balanced. Seems our finances are doing well as a group conscious. Energetically it shows that balance in all areas leads to a happy bank balance. Striving in any one area will simply unhinge the structure so is not recommended. Let yourself reap the rewards of your past thoughts and actions. All is in perfect harmony.

CAREER :: ARCHANGEL CHAMUEL



:: JUDGEMENT/4 OF STAFFS ::

The Judgement card is a major arcana, a spiritual train station on the journey of life. This month, Archangel Chamuel is showing us the energy of Judgement. The card depicts heavenly angels, peaceful doves and a happy couple reassessing their lives at the pearly gates. This card shows that self judgement is not our responsibility, that love is the only true force in the heavenly realms and that supporting each other will be the most peaceful way. Archangel Chamuel urges us to release all feelings of 'what other people think' and simply follow your bliss... your life is unfolding perfectly and you are best at what you love.

The 4 of staffs partnering this major arcana card show that, like the 4 of swords above, we are at a peaceful place energetically. All things in our 'action' part of our lives, relating to career are in balance and equal harmony. This is definitely a 'reassessing' vibe. Honouring Lammass, it is a relevant energy to pay respects and thanks to all that is your working world. Peace and love.

LIFE PURPOSE :: ARCHANGEL MICHAEL



:: WHEEL OF FORTUNE/5 OF SWORDS ::

Another major arcana card, showing that we are as a group, going through spiritual growth spurts together. The Wheel of Fortune card represents karma and dharma. That which we are born to do... paired with that which we tend to do out of pattern or past habit. The dharma is the graceful part, our purpose. The karma can be the part that we perpetuate without necessity. Like the saying, 'When you see the light at the end of the tunnel... stop digging!' 😊

Archangel Michael is reinforcing Archangel Chamuel's messages of peace and love.. When we love something, we are generally good at it... it is quite possibly our life purpose.

The 5 of Swords tarot card shows that we are healing and expanding our thought processes regarding this area. Affirmations are beginning to be second nature. We are living our best life, and affirming the very best as we go.

Well done!

CHILDREN :: ARCHANGEL GABRIELLE & ARCHANGEL METATRON



:: 7 OF SWORDS ::

The 7 represents spirituality and the swords are our thoughts. This month we are guided to work spiritually with our children and for those without children, this is an opportunity to look at our childhood from a spiritual perspective. Those working with other's children are also guided to look from a spiritual viewpoint. As our soul is eternal and contains all knowledge gleaned from all lifetimes and experiences... it is a wise standpoint to honour our spiritual thoughts. Call upon Archangel Gabrielle and Archangel Metatron for more specific ideas around this theme.

FAMILY AND FRIENDS :: ARCHANGEL RAGUEL



:: PAGE OF SWORDS ::

☺ A recurring theme. The page in the tarot deck represents a young person... and the swords represent our thoughts or intellect. Again we are seeing thoughts and young people. As we go back to school here in Australia where most of you reside, it makes sense that a lot of our thoughts and those of our immediate friends and family will be focussed on our young people. Archangel Raguel is the archangel of peaceful relationships. A perfect ally to call upon to make new friends during this transition.

He is also showing that our young people are having loads of extra thoughts at this time and to encourage regular rest and good clean food to support their growth. With all these extra thoughts going on, they are truly growing quickly.

HEALTH :: ARCHANGEL RAPHAEL



:: ACE OF CUPS ::

One of my favourite cards! This is a new beginning emotionally. This card can often represent a new relationship too, (which could be very good for one's health!!) The Ace shows the winning hand... a fresh start. The cups represent our emotional realm. This card could indicate that we are feeling emotionally renewed. A very good card for this area.

SPIRITUAL PATH :: ARCHANGEL URIEL

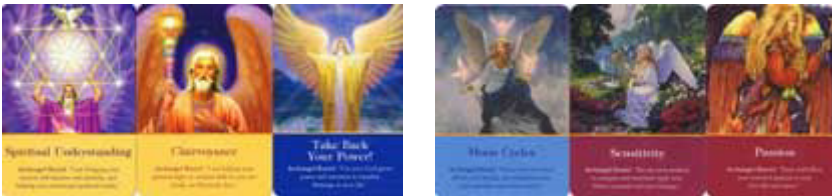


:: STRENGTH/SEVEN OF CUPS ::

The major arcana card Strength, coupled with the seven of cups, show that for our spiritual path this month our spiritual and emotional strength come into play. We are going through history in the making with Mayan calendars and life has never looked like this before. Our spirituality is our strength as things change around us... and we all know that the only constant in life, is change. The seven of cups shows that spirit and feelings are our guide. Remember the vortex and find that place of connectedness... this will ensure you are living your best life.

Archangel Uriel has a lovely golden energy and a wonderful sense of humour, he will be with you every step of the way... just remember to ask ♥

PSYCHIC DEVELOPMENT :: ARCHANGEL RAZIEL & ARCHANGEL HANIEL



:: THREE OF PENTACLES ::

This is an expansive card... showing that through our psychic development there is financial growth as well. The three is taking the balance of the two, then growing it into a triangle shape through ascension. The pentacles represent all material things.. Food, money and the earth itself. With the expansion energy working with these fields and the Archangel Haniel who works so well with 'cycles' and Archangel Raziel, the spiritual teacher.... It reinforces that growing our physical world is truly linked to our spiritual energy.

This has been a rather extended version of BlissHEALING.

I hope you enjoyed it. Please feel free to forward it on to anyone you think would appreciate it.

Thank you for all your orders this month... a super month in all areas ☺

I will be updating my made it shop to facilitate the Valentines Day orders, especially for you overseas buyers.

Be well
Rainbow Butterfly Tara
X0x

