

welcome to

September Twenty Eleven

BlissHEALING



Chai BLISS

Hi everyone,

An 'Ever Expanding' group we are ♥

A Birthday month for me ... the magical 40 (Angel Number)

At ChaiBLISS Healing on FB I am beginning another Archangel's Month (recall BlissHEALING Angel Special Edition June 2011) As the moon moves through the zodiac signs we will work with the corresponding Archangel of that sign. I had SUCH a fabulous experience last time ♥

† POTENT † POWERFUL † PRECISE †

As a special gift, I received a new iMac, so the format of BlissHEALING has changed. Love a good change ♥

A reminder during your personal changes to call upon your Angels & use the word 'love' ALOT.

Angel Blessings

Rainbow Butterfly Tara ♥

In this Edition

- Homeopathics in Pregnancy
- ChaiBLISS Sacred Sago
- Angel Guidance : : Life Purpose Oracle cards
- 12th Insight : : James Redfield



➤ 12th insight : : James Redfield

† Homeopathics in Pregnancy

ARNICA
CHAMOMILLA
FERRUM PHOS
PULSATILLA
SILICA

ARNICA

Arnica in pregnancy is the go to remedy in Childbirth. Take Arnica every 2nd day to strengthen the baby and you during pregnancy. Then when the birth draws nearer, increase dosage to ensure muscle tone and circulation are at their prime. Arnica after childbirth reduces bruising and gets you on your feet with ease. It also transfers into the baby's system via breastmilk to ease their muscles too.

CHAMOMILLA

Chamomilla is the pain relief Remedy for the superstar in labour. For any 'unbearable' pain, take Chamomilla up to every 10 minutes. 1 drop = 1 dose. It can also be applied to the crown of the head. A little down the track, Chamomilla is useful to tone the digestive system. Chamomilla homeopathically is also very calming.

FERRUM PHOS

Homeopathic Iron is a wonderful advantage during pregnancy. There is so much growth occurring with red blood cell production multiplying. Ferrum Phos balances all iron requirements of mum & bub. The benefits include even energy levels and increased oxygen circulation.

PULSATILLA

During pregnancy and in the months soon after, hormones play a huge part in your body's changes. Pulsatilla deals with all emotional 'swings'. (Keep this Remedy close by at all times.) Balance is the key with Pulsatilla. It allows your Endocrine system full expression and growth, while keeping your moods smooth and calm.

Pulsatilla is also used to ensure the baby is 'engaged' for smooth delivery. It works with all hormones, balancing and strengthening, so taking homeopathic Pulsatilla enables a natural birth with the perfect amount of oxytocin for those 'expansions' during delivery.

SILICA

Hair, skin and nails all undergo changes during and especially after pregnancy. The skin increases in surface area and stretches too. Silica ensures the strongest, most supple skin. This reduces the chances of stretch marks (after 4 children I have only the teeniest little vertical stretch mark on my tummy!) Hair stays strong and supple after pregnancy. Take homeopathic Silica at least once a week to ensure best results. Homeopathic Silica also strengthens your child's constitution wholistically in utero.

Homeopathics during pregnancy gives you and your child/ren a wholistic beneficial life style choice.



HOMEOPATHIC
REMEDY BOTTLES
240 DROPS
\$A15



HOMEOPATHIC
FIRST AID KITS
5 X REMEDY BOTTLES
\$A65
(TOTAL SAVING \$A10)

www.chaibliss.com



† ChaiBLISS Sacred Sago

- 1 cup of sago/tapioca
- 3 x cups water
- 2 cups Vitality Vitasoy
- 4 teaspoons raw organic sugar
- 1/2 cup organic desiccated coconut
- 4 teaspoons ChaiBLISS

Make up 3 cups of ChaiBLISS in a saucepan
(2/3 water 1/3 soy milk)

- add
another full cup of soy milk
and
4 teaspoons of ChaiBLISS

BRING TO THE BOIL
STRAIN INTO LARGER SAUCEPAN

- add sago, sugar
- STIR STIR STIR baby!
- call in the Angels and stir in Reiki symbols
(see BlissHEALING April 2010 for more info on Reiki)

This will take longer than you think.. so practice your 'love mantra'
Once the sago beads are beginning to turn translucent, add the coconut...keep stirring, and blessing with love.



† Angel
Guidance Board
Reading

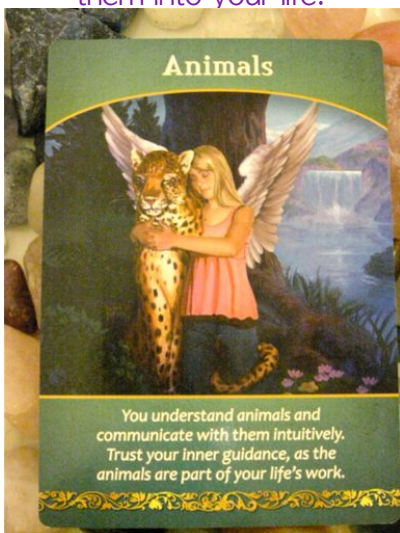
LIFE PURPOSE
ORACLE CARDS



➤ HOME

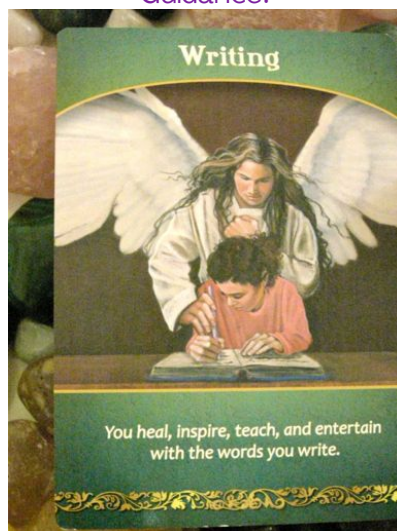
ARCHANGEL JOPHIEL
ANIMALS

For the month of September, Archangel Jophiel is working around the home with the theme of animals. Animals are known to have a soothing, healing effect on humans. Wild birds are a wonderful energy to attract to our homes. Guidance also suggests that 'angel' animals are also working with us this month. Call out to your favourite pet in spirit, and invite them into your life.



➤ ROMANCE
ROMANCE ANGELS
WRITING

Automatic Writing is a very popular way for the Angels to communicate personal accurate information. Set the intention, light a candle and play some soothing music. Access your favourite crystal... and begin to call in your Angels. Let yourself flow. Write out any and all questions regarding your love life.. and then, utilising even, deep breaths, allow the Romance Angels to write their answers through you. This is a relaxing and empowering exercise... and you will have a record of your Angelic Guidance.

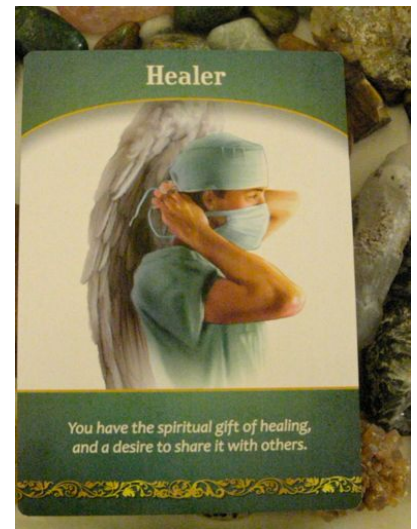


➤ MONEY

ARCHANGEL ARIEL
HEALER

Archangel Ariel works with the Natural Realm and all things related to abundance and prosperity. She is the perfect Angel to access this month regarding money in your life. Are your chakras balanced to allow infinite prosperity into your life? Ask Archangel Ariel and all the Angels to support your full healing in this area.

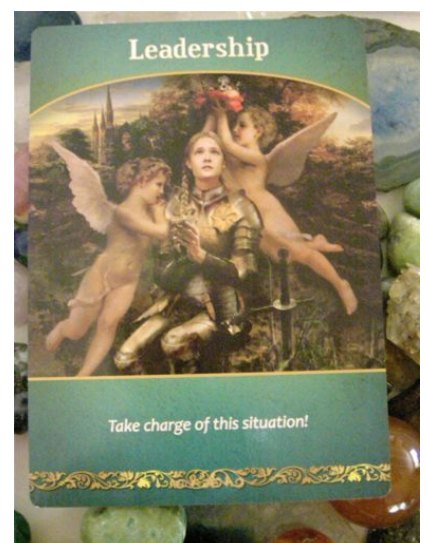
(If you are a healer, a gentle reminder to attract money through this ability.)



➤ CAREER

ARCHANGEL CHAMUEL
LEADERSHIP

This month we are being guided to lead in our chosen field. Allow the heart to lead, then look to common sense and logic. This card shows an image of a young Joan de Arc. We recognise her story as one of pure faith, courage and leadership. Trust your inner guidance, your Angels and your true passion... and make this life count.



➤ LIFE PURPOSE

ARCHANGEL MICHAEL

INFINITE ABUNDANCE

Archangel Michael is reminding us this month to have faith. Our material needs will always be met when we come from the loving kindness of 'service'... our true Life Purpose will unfold with total support from Heaven & Earth. Visualise a golden waterfall running from your head down your spine, and reconnect to your soul. Infinite prosperity is normal.



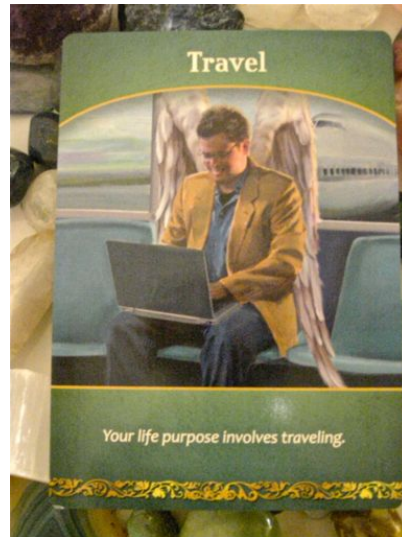
➤ CHILDREN/INNER CHILD

ARCHANGEL GABRIELLE

ARCHANGEL METATRON

TRAVEL

This Edition I am guided to add the subheading of 'inner child'. Travel comes up in this section of our lives... and poses the question, 'Where have you ALWAYS wished to travel to?' Look closely at this answer for some wholistic knowledge regarding possible past lives, possible future adventures and also helping any children in your life fulfill THEIR dreams.

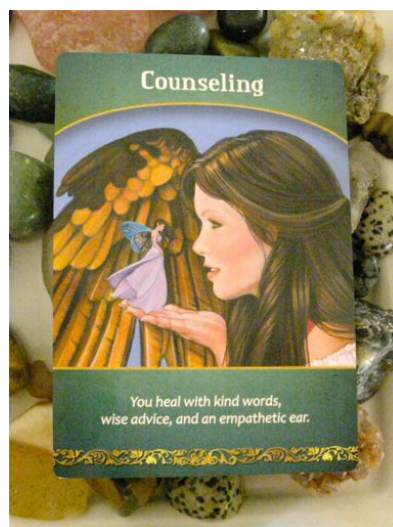


FAMILY & FRIENDS

ARCHANGEL RAGUEL

COUNSELING

Counseling involves COMMUNICATION, CARE & KINDNESS. Honesty is paramount in this time. Amongst our family and friends, we have similar life paths and soul journeys... we have attracted each other into our lives to learn and grow. Love will shine light on any perceived issues, and your words of wisdom may just be the answer someone you care about is looking for.

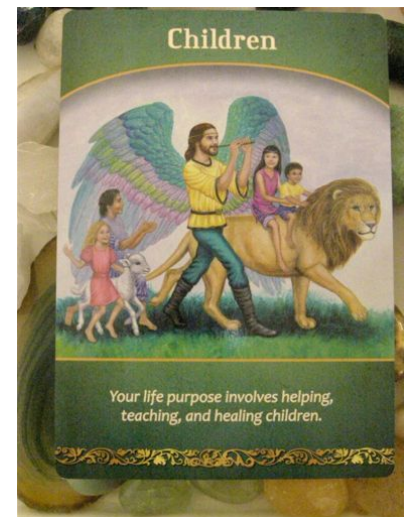


➤ HEALTH

ARCHANGEL RAPHAEL

CHILDREN

Archangel Raphael's infinite wisdom is guiding us all towards the wonder of children this month. Not all of us are called to parenting, however, the spirit of a child is extremely healing and remarkable. Recall your own childhood and ask Archangel Raphael for a complete healing in this area. Angels work without the constraints of linear time, so all is possible. Enjoy the Spirit of children this month.

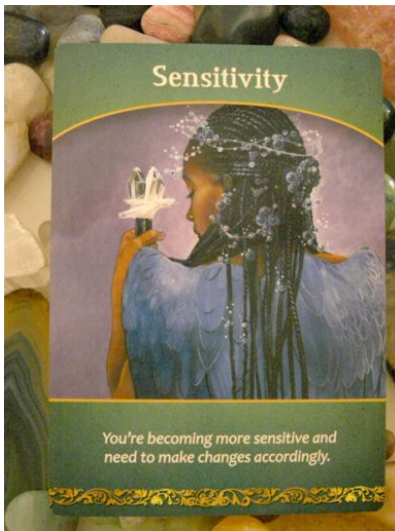


➤ SPIRITUAL PATH

ARCHANGEL URIEL

SENSITIVITY

Archangel Uriel is showing that we are highly sensitive beings... and our sensitivity is increasing. Notice the heightened sense of synchronicity when you enjoy laughing with friends, creating that which you love and relaxing and playing in nature. Continue to follow your bliss, and ask the Angels to shield you energetically from harsh environments and people.

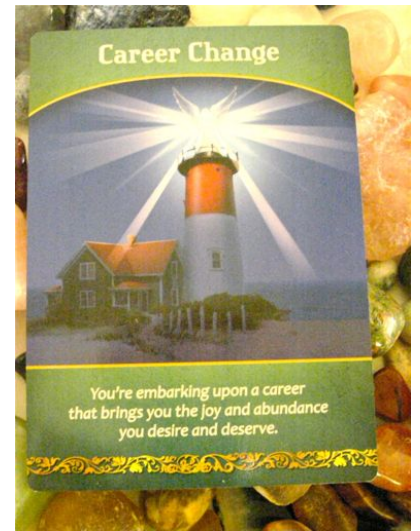


➤ YES or NO

ARCHANGEL AZRAEL

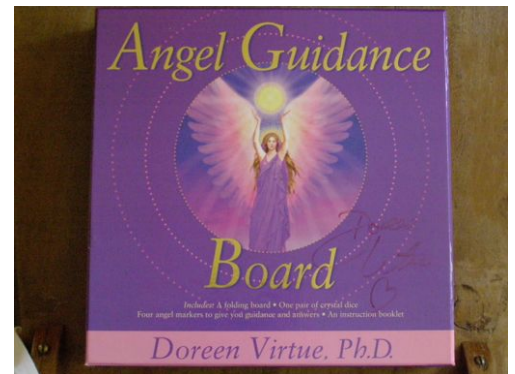
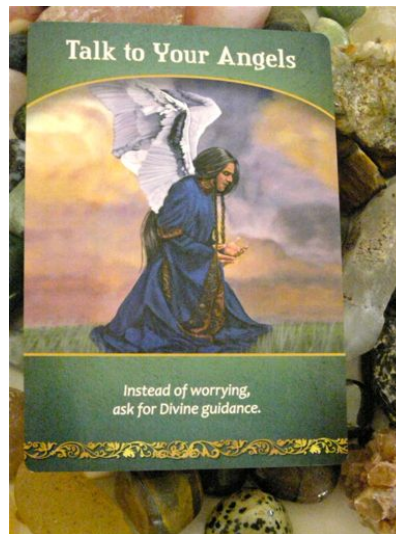
TALK TO YOUR ANGELS

Sometimes we really just crave a simple Yes/No answer... however, experience has shown us all that life is a rainbow, not simply black and white. This month if you do find yourself searching for clarity, Archangel Azrael is reminding us to talk openly with them about ANYTHING AT ALL.



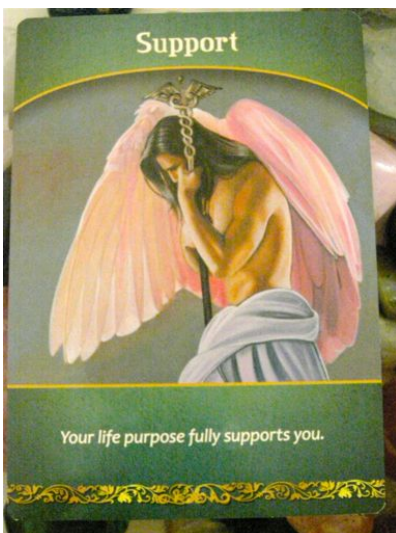
➤ PSYCHIC DEVELOPMENT
ARCHANGEL HANIEL
ARCHANGEL RAZIEL
SUPPORT

As the card reads, 'Your life purpose fully supports you.' Also a message connecting with the 'counseling' card, that you may find yourself support others this month. We are being called into leadership on many levels. Remember to always consult your Angels, for further guidance and continual support, for yourself and others.



➤ WHEN WILL IT HAPPEN
ARCHANGEL JEREMIEL
CAREER CHANGE

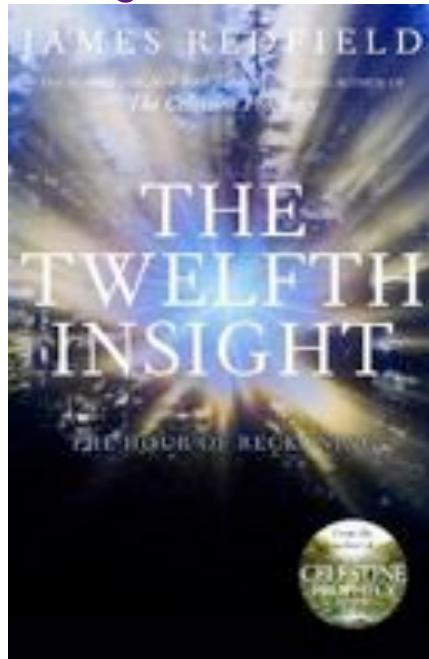
Another new topic... Regarding WHEN. Archangel Jeremiel is the Archangel of life reviews, and this month he is indicating that a career change is the catalyst for the timing involved. Whether you are looking for a career change or some other question presents itself strongly (your first impression, is the right one, for you) change in your career is indicative of the energy surrounding this. Linking with Archangel Chamuel's message regarding leadership once again... shine your light and the rest will naturally attract to you.



TWO NEW TOPICS FROM THE ANGEL GUIDANCE BOARD BEGINNING THIS MONTH



† 12th Insight :: James Redfield



Get ready for the familiar adventurous Spirit of James Redfield, his friend Wil and their soul group, as they follow Guidance and explore the Science of Spirituality from one Natural Vortex to another. Your heart and mind will open as truths are shared and confirmed, supporting our own personal and group consciousness journeys inside and out.

Interwoven are Mayan prophecies, themes of religious, spiritual and scientific histories and Evolution.

A stand-out concept of awareness featured is AGAPE. Transcending polarities of age, gender and religion is the PURE LOVE OF SOUL. A greek word describing love of creation; love of the Divine Spark within all. This centredness is heightened when practiced as a group. Eye contact, honesty and an honouring of the Divine are practical steps to Agape.

With Agape we expand our soul groups and affect consciousness with pure love. As love is light, by honouring Agape we begin to see all things, including each other, as luminous and extraordinarily beautiful.

Enjoy the Journey ♥

1 ♥ SUSTAINING SYNCHRONICITY

Synchronicity centres us with 'all that is' in the Universe. Intuition honours synchronicity and the 'next step' in our journey. To continue the Flow of Synchronicity simply REMEMBER it and EXPECT it to occur. (what we focus upon expands)

2 ♥ CONSCIOUS CONVERSATION

“... commit to holding your truth, it includes all the ideas that come up intuitively to say... even if you've never thought of the ideas before.”

“This next step up in consciousness begins... when we realise that human conversation, regardless of the subject, is always an exchange of outlook or worldview... and this is the basis of human evolution... taking us from one historical level to the next.”

By honouring the truth of one's Synchronistic Journey and that of others, this helps to build a new, more truthful worldview. This honouring of Evolving Truth enables a 'special influence' on the world.

3 ♥ MOVING INTO ALIGNMENT

~ Law of Truth... keeps the synchronicity flowing... directly influential to Conscious Conversation.

~ Law of Connection... we are all innately connected and we can sense what others are feeling and thinking.

~ Law of Karma... in place creating a new era of Integrity

... 'the Universe is set up spiritually to support and encourage spiritual growth'...

Centre in truth = synchronicity ... untruth = drawing in an experience that shows us how it feels with the intent of directing us back to truth.

4♥ RECOGNISING IDEOLOGY

Remembering that we are moving consciously to an era of Integrity. Focusing on Truth allows all of the untruths to fall away. It is during this time that Love is paramount. Clinging to something that is designed to dissolve creates polarised ideologies. Remaining CENTRED brings forth consciousness of the next integrations.

5♥ THE GOD CONNECTION

Many religions have a concept of God. Many names, many histories, many facets. I personally prefer the Oneness of LOVE and choose this as my description of God. An awesome breakthrough occurs when we focus on this Love. It enhances our Perceptions, our surroundings, our Connections with All. This also brings enhanced Protection. Love is a creative force and it emits a spherical energy field. (Think bubbles, cells, planets) Only Love may reside in this bubble and it emits love evenly in concentric circles, attracting and honouring all the Love, Creativity and Protection available... Miracles.

6♥ THE GREAT COMMISSIONING

The above mentioned 'Love Connection' occurs much more frequently than most people realise. "It is also structured into the nature of the Universe and into how our minds work" pg. 103. This chapter discusses Swiss psychiatrist Carl Jung's work. Along with neural pathways for physical activities such as walking, we also have neural pathways in the make up of our brains for Spiritual Development. Akin to the Hundred Monkey Theory of Group Consciousness, once enough of us 'get it', then the pathway is ignited for all... AND the experience feels identical for all of us. Intention of honouring this Divine Connection Allows it.

A conscious group honouring Divine Connection, Synchronicity, Truth, Centredness and Conscious Communication is a Soul Group... as the Soul is a unifying connection we all share...honouring Love.

These Groups lead us to a Rise to Sacred Influence. By honouring our Connection of Love we influence the Group Consciousness and there by actively, consciously Raise the Vibration of Humanity.

7♥ THE ART OF TUNING IN

~ heightened perceptions of inner impressions = Intuition.

~ being just in the right place at the right time moments are preceded by Intuitive urges, resulting in Synchronistic Flow. This has occurred all throughout history. It is NOW that we are aware of this consciously. In the past the Ego has trained us with it's own thoughts. Guidance occurs when we **observe, listen, feel & 'tune in'**. Our Imagination is a vital force in this.

When presented with an opportunity and clarity is required, IMAGINE possible pathways and outcomes. When you can clearly see yourself wholistically in one situation yet blocked or unable to imagine another...this is 'tuning in'.



8♥ THE ONENESS INTENTION

Following Intuition, Synchronicity & Tuning In we get a heightened understanding of Conscious Conversation. Akin to the Eighth Insight in the Celestine Prophecy stating that we will 'learn to uplift others in conversation by intending to connect with and uplift their higher self or soul.' pg 138. The 8th Document in the 12th Insight book reminds us that our Higher Mind is our direct connection with the Divine.

"When two people merge in this manner, both feel enlarged because they have access to not just their own higher self, but to the other's higher consciousness as well. The net effect is to feel more clarity and guidance overall." pg 140.

9♥ OPENING TO PERCEPTION

The 9th speaks of the new breakthroughs in science and spirituality. As enough open up to the higher consciousness, Scientists become aware of new physics and theories. (Remember 'What the Bleep')

Heavenly Realms are discussed. As more beauty is felt, received, shared and sustained, polarities, dogmas and propaganda are 'outed' and subsequently dissolved. This perception and awareness is in line with those in the AfterLife, who see things with renewed clarity, relevance and compassion. We are able to lift those stuck in fear and anger by remaining and sustaining this heavenly level of consciousness. Remember the wisdom of the Course In Miracles, we can only choose love or fear.

10♥ WHAT HEAVEN KNOWS

The 10th Integration states "...if we follow the Synchronicity, we will be able to learn from those in Heaven in a direct way, and that will elevate us into the next level of consciousness." Everything has a vibration. Tuning in with Agape shows that these vibrations also prompt 'feelings'. Each person, plant, landscape etc has a unique 'feeling' connection. We are able to recognise messages from the 'Otherside' by recognising these feelings and other unique traits, aromas etc. Guidance, closure and general heart-felt communication is possible. Intention and Agape are key. With the Integrations lifting our consciousness, we become close enough to communicate across the dimensions...resulting in both Heaven & Earth being energised and raised to another level.

11♥ THE RISE TO INFLUENCE

pg 199 "Because of the Law of Connection, the whole of what we believe and stand for ~ the quality of our character ~ sends out a field of Influence that impacts everyone with whom we interact. It acts to draw them into our level of consciousness and behavior, for good or ill, and either makes it easier or harder for them to stay in Alignment. And at the same time, our individual Influence also co-mingles with everyone else's Influence globally, and at any one time, helps to collectively set an energetic level of consciousness for all of humanity."

"ACT AND BE
AS THOUGH
HOW YOU ARE
DICTATES
THAT EVERYONE ELSE
WILL BE THAT SAME WAY."
(Immanuel Kant)

12♥ THE RETURN

Honouring and activating Collective Prayer...pg 210 "First...amplify Agape with one another and with the Great Spirit, then project the Agape to ever larger groups by intending Oneness with everyone..."

Appreciation = the act of acknowledgement...locks in the Oneness Connection...creating a reality of DIVINE PRESENCE.

I trust you are happy on your Journey. That you are surrounded by loving souls who support your growth wholistically. That you are practicing your passion and that you are 'in love'.

Angel Blessings of Infinite Bliss to you and those you love

B

