

♥welcome to **Bliss HEALING** November Edition



This month, things really shift gear.

The Sun rises nice and early. The Pale-headed White Cheeked Rosella couple perch at my window in the early a.m as we greet the new day together. At night as I turn off the light, the ever awesome local koalas call out their blessings. Paradise indeed.

Welcome to **Heaven On Earth.**

How is your Heaven feeling? We really have experienced a *dimensional shift*. The angels are EVERYWHERE with their continuing LOVING support. If there happens to be something in your lives that could benefit from some *fine tuning*.... PLEASE, remember to ASK your Angels & Guides of Light. Illumination is as simple as the next breath!!

In this Edition: Thuja Occidenalis/Remedy Information
Describe your Spirit
Manifestation Mobiles

As mentioned in Bliss HEALING October Edition, Remedy prices will now be \$13.50. For the month of November, the featured remedy, THUJA will remain @ \$10.

THUJA OCCIDENTALIS



Tree of Life, Yellow Cedar, Arbor Vitae...

This gorgeous evergreen tree is native to Canada & USA. It grows to 30m and the indigenous utilised it in herbal lore. It is also an important remedy in *Aromatherapy*.



The tree has feathery, camphor like leaves and it is these leaves that are used to prepare the HOMEOPATHIC REMEDY.



Thuja is a valuable treatment against WARTS and wartlike TUMORS on any part of the body.

It is useful against SHINGLES.

Thuja has an effect on the GENITALS & URINARY TRACTS and is used to treat *inflammations, cystitis & painful ovulation*.

The Thuja patient may

- ~ sweat/perspire easily
- ~ be unsure of themselves
- ~ suffer ill effects of vaccinations

Adults who were vaccinated as children also benefit from monitored doses of Thuja.

Thuja relieves

- ~ insomnia with crying out
- ~ left sided frontal headaches (may be present on waking)

Emotionally Thuja patients may *try hard to please others* but are very *sensitive to criticism* and soon become DEPRESSED. This may lead them to neglect their appearance. SELF CONFIDENCE is a positive effect of taking

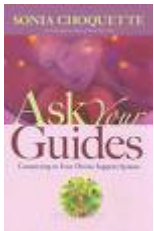
homeopathic Thuja.

The DOCTRINE OF SIGNATURES shows that plants in nature show what they are useful for within the body. As we can see by the feathery leaves, EXPANSION of spirit is a lovely effect of this tree/remedy. The *nodules* that appear in the plant's maturation, also show how the remedy can be useful for warts, growths and polyps. Magical Nature :)



DESCRIBE YOUR SPIRIT

As you know, I love hanging out with my angels and adore the 'guided lifestyle'. Carparks are always there.. the weather is always right.. the right conversation is always shared.. life does get easier when we listen!! So, when I found myself at our awesome local library, I asked my angels for 'a good book to read'.. Now this library is LARGE! Yet, specific and gracefilled to the 'T', I was lead to Sonia Chochette's book, 'Ask Your Guides'. As an avid listener to www.hayhouseradio.com I had enjoyed Sonia's talk shows where she encourages us to TRUST YOUR VIBES. In fact she is emphatic about it!



Now I am happily not finished the book yet, but I am guided to share one of the opening excercises. Here are a few tips from Sonia...

"Before you can begin to recognise the presence of your SPIRIT GUIDES, you must first take note of *YOUR OWN BEAUTIFUL SPIRIT*".

"Although we all share the SAME ETERNAL BREATH OF LIFE, *it manifests differently in each of us*. Your SPIRIT has it's own presence ~ a unique VIBRATION that's totally distinct...

The best way to connect with your own spirit is *to start recognising what MAKES YOU COME ALIVE.*"

She goes on to offer an exercise ... 'how would you describe your spirit'

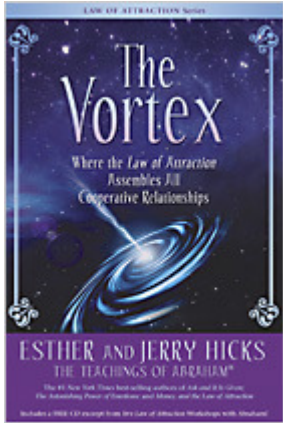
Literally feeding our spirit keeps us connected in love to the present moment, allowing our life to flow with grace & energy.

As we expand our Heaven on Earth at this time in our Evolution, our Angels & Guides of Light are truly showing us OUR SPIRIT. Through this connection we honour our unique creativity and manifesting miracles is a natural occurrence.

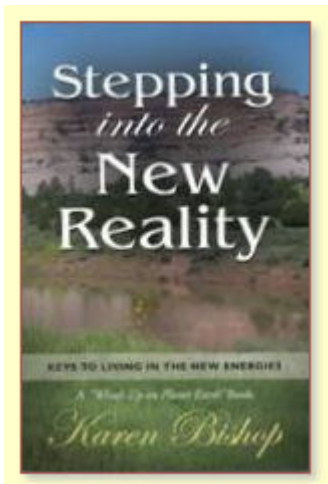
So, enjoy a little daydream and get in touch with the Essential You, your SPIRIT. Bring it to Life with each and every breath and live your passion. As they say... 'be yourself, there's no one better qualified'.

Other interesting reads this month:

The Vortex {The law of Attraction assembles all cooperative relationships} by Ester and Jerry Hicks (an ABRAHAM book)



Stepping Into the New Reality by Karen Bishop (a What's up on Planet Earth book)



REMEMBER TO MAX OUT YOUR LIBRARY CARD NOT YOUR CREDIT CARD :)

Things that feed my spirit: in no particular order..

Essential oils... colouring pencils... the aroma of wood... Lemon Scented Gum Trees... Cumulus clouds with sunlight lining the edges and rays of light shining down... rainbows... white sails on the horizon... frangipanis... seeds... giggles/laughter (in any language)... foreign films... eye contact... holding hands... finding things... sea glass/driftwood... op shops... texture... wallaby visits... daydreaming, hearing THAT song... blanket stitch... herbal medicine... that 1st cup of chai in the morning... being understood... quirky images of owls... giving... reflexology... being pampered... garden nurseries... open hearted emails... tribal rhythms... organic toothpaste.... birds & feathers... LIFE x0x

MANIFESTATION MOBILES

This month I have some new Manifestation Mobiles for you .. they are so new they are not yet posted on the website or the made it shop...

Thankyou for the lovely comments to the sales recently ♥

BUTTERFLY DREAMS



Bright pink Cotton Large heart with Embroidered Feature + 2 x small hearts
Kapok Filling (!)
Rose Quartz coloured cotton thread
Approx 41cm

OPEN HEART



Deep Turquoise Cotton Large Heart x 1
Kapok Filling
Emerald Green coloured cotton thread
Approx 42cm

BRIGHT STAR



Deep Turquoise Cotton Medium Stars x 3
Kapok Filling
Blue Lace Agate & Vibrant Chakra Orange coloured cotton thread
Approx 94cm

INDIAN JOURNEY



Maroon/White/Embroidered/Embellished Cotton Hearts Large x 3
Cushion Filling
Rose Quartz coloured cotton thread
Approx 65cm

EMBROIDERED HEART



Multicoloured Indian cotton fabric Medium Heart x 1
Cushion Filling
Rose Quartz coloured cotton thread
Approx 48cm

FAIRY BLESSINGS



Maroon/white Shibori cotton 3 x large Hearts
Kapok Filling
Rose Quartz coloured cotton thread
Approx 44cm