



The Crown of the Sun

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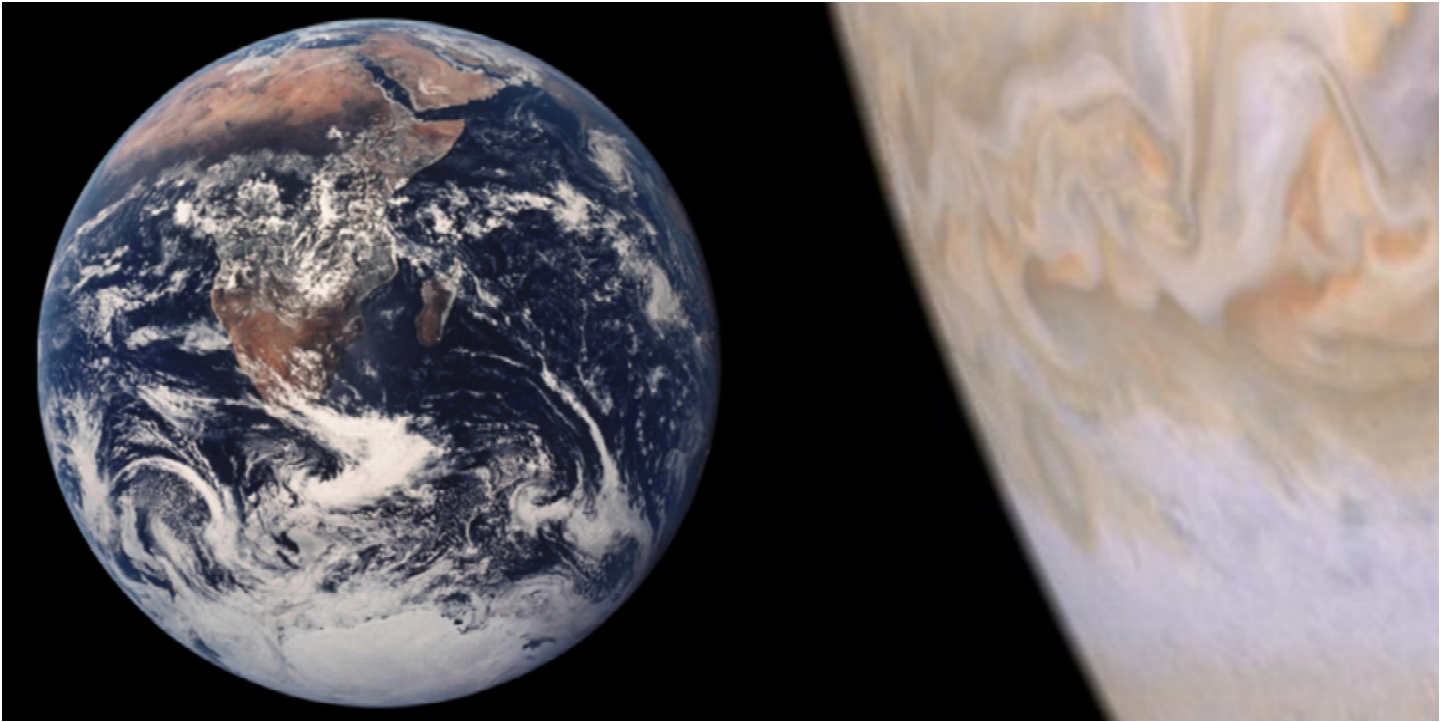
Explanation: During a total solar eclipse, the Sun's extensive outer atmosphere, or corona, is an inspirational sight. Subtle shades and shimmering features that engage the eye span a brightness range of over 10,000 to 1, making them notoriously difficult to capture in a single photograph. But this composite of 7 consecutive digital images over a range of exposure times comes close to revealing the crown of the Sun in all its glory. The telescopic views were recorded from the Isla de Pascua (Easter Island) during July 11's total solar eclipse and also show solar prominences extending just beyond the edge of the eclipsed sun. Remarkably, features on the dim, near side of the New Moon can also be made out, illuminated by sunlight reflected from a Full Earth.

♥welcome to **Bliss HEALING** AUGUST Edition

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Jupiter turns Retrograde* in the sign of Aries Saturday 24th July.. It then travels retrograde in this sign until Sep 10th 2010 when it changes signs into Pisces.. Still in retrograde motion till it goes direct on Nov 10th 2010 in the sign of Pisces.

Jupiter is our largest celestial body in our chart next to the sun. Jupiter represents our EXPANSION & GROWTH and things that are LARGE in our lives.

Aries shows us our ACTIVE natures & Pisces, our INTUITIVE, SPIRITUAL side.

*Retrograde = appears to be moving backwards

~ a natural cycle honouring REVISION, REVIEW and REASSESSMENT.

GENEROSITY is a lovely theme of astrological Jupiter, as is OPTIMISM & FAITH. Jupiter reminds us that as we personally evolve through our unique journey, we are wise to honour our CONSCIENCE.

Mercury also 'goes retrograde' on Sat 21st Aug till Sep 13th, in the sign of Virgo. Virgo will ensure that we get everything EXACT before moving forward again. This has all our outer planets except Saturn as well as Mercury in retrograde motion for a while, even Chiron is retrograde.

Stay in the moment, follow your heart & honour what comes through for you.

The *triumph* of a Mercury Retrograde phase is mind over matter. Our wisdom from deep within, once channelled, enables us to co-ordinate our higher beingness to succeed in the physical realm.

KEYWORDS: *communication, knowledge, reason, logic, eloquence, perception.*

ANGEL GUIDANCE BOARD READING AUGUST 2010

CAREER Archangel Chamuel



RESIGN

(!!) Goodness, a strong place to start. Angel Guidance always mentions that a door opens when another one shuts. On a personal level, what are you 'resigned' to regarding your career. This message implies that we reach higher, let our hopes move forward and literally 'let go' of old resigned though patterns to improve our quality of life.

MONEY Archangel Ariel



SAVE

This has been a very popular message with the angels recently. They show that we are living in abundant times. That by stockpiling some things now, we are creating our own PROSPERITY and abundance for our future. The illusion of 'lack' is dimming, we need just reach through the veil to access all the manifestations we are now constantly creating. Also a message regarding 'SAVING the best till last'. Save your sanity and chat with the angels NOW ☺

ROMANCE Romance Angels



VERY SOON

(!) The planet Venus makes a shift in August (Sun 8/8/2010). From exacting, literal Virgo to balance, harmonious Libra, it's exalted sign. A welcome HOME of sorts. All areas of romance are geared for balance & harmony, now that awesome Virgo has removed all the kinks and placed EVERYTHING in order. Phew. New AND existing romantic relationships are slotting perfectly into place as we speak. Many of us intuitive ones have been noticing shifts in this area over the last few months. The Romance Angel's message for August 2010 is VERY SOON. Well done Heart Chakras!

HOME Archangel Jophiel



RESEARCH

This month Archangel Jophiel will be guiding us with research regarding home reno's, new home locations and extra information specific to your country & home planet. Information and research will lead us further on our chosen path. She will also keep the research something your heart resonates strongly with so you know you are

on the right track. Feelings of CLARITY, PEACE, RIGHT ACTION, CALM & PURPOSE will let you know Archangel Jophiel is closely linked to your current train of thought.

PSYCHIC DEVELOPMENT Archangels Raziel & Haniel



CHAKRAS

These two powerful Archangels are working with our LIGHTBODIES, like the Internet providers of our physical bodies. We are very alike to computers, with networks of light energy (prana) flowing to us and through us. Upgrades & downloads apply here too. Our chakras are portals. Vortexes of concentrated light both receiving & sending energy. This month we are attuning our chakras with the GALACTIC CENTRE. This is the group 'view' for the month. Akin to 'City of Angels' when they would gather at sunrise to connect with the sun. Archangels Raziel & Haniel are offering alignment of our chakras, and a planetary connectedness in preparation for extra light in and around Gaia. Rainbow spectrum and moonlight will be their signs. ENJOY! ☺

SPIRITUAL PATH Archangel Uriel



FORGIVENESS

Forgiveness never means that what the other person appeared to do is condoned.. It simply means that you are willing to trade this experience for peace. The Universe is ALWAYS offering us a chance to live in love. This is an opportunity to say "thankyou for giving me this experience" We are ultimately only ever given two choices in this existence, love or fear. The situation/person you are thinking of can be healed for you NOW by sending love. Love is INSTANTANEOUS, it is only fear that hangs around and bugs us with it's illusionary pretence. Love is faster than thought. Faster than light. AND it reflects back to you infinitely! Your Spiritual Path is FULL OF LOVE ☺

HEALTH Archangel Raphael



DETOX

Now, without groaning, feeling deprived or honouring ANY signs of 'lack'. Archangel Raphael offers effective gentle energetic detoxing, INSTANTLY. He reminds us of the powers of water. Dr Emoto's sharing of the effects LOVE & GRATITUDE has on water molecules. It is time to implement this energy further into our lives. Cynicism, sarcasm & guilt are not vibrations of love. Gratitude, appreciation and care definitely are. Now, by utilising Archangels Raphael's divine support and the wonderful power of our heart - mind connection, detox is as simple as refreshing our thought PATTERNS. Allowing the GOOD in our systems to shine forth, denying

completely the toxic rampage that onslaughts the consciousness. Detoxing is simple and welcoming. A step forward in our evolution. Beginning now.

FAMILY & FRIENDS Archangel Raguel



LOVE

Archangel Raguel reminds us that family & friends may be where your love - life is connected. An introduction from a family member or a supportive conversation regarding their love life could arise. A friendship could evolve into a romantic love relationship... follow your heart and let LOVE shine fully in all of our lives.

CHILDREN Archangels Gabrielle & Metatron



PLAY

Another popular message! The angels would like to remind us all that the energy of play *brings so much joy & fulfilment into our lives*. Children instinctively allow this freedom in. Remind yourself what you liked to play as a child ♥

LIFE PURPOSE Archangel Michael



HEALER

Archangel Michael is a generous Energetic Healer. Call upon him often to vacuum your aura. He will also guide you to call on him on behalf of others, making you an Energetic Healer too. Our life's purpose is truly to allow MORE LIGHT into our lives and to do this, removing negativity is key. I often ask Archangel Michael to ethereally vacuum areas as large as the whole planet or as specific & personal as my children's school. Let your imagination free and call upon Archangel Michael for clearing and protection for whatever comes to mind. Being a healer is simply a thought away. Instead of 'worrying' about a situation, person or place, ask Archangel Michael to help. Relax & feel empowered as your thoughts are then HELPING!

HOMEOPATHIC REMEDY PROFILE: CHAMOMILLA



Chamomilla is a true gift in the homeopathic first aid kit. It is best utilised in cases of UNBEARABLE PAIN. So it's uses are varied and many.

Chamomilla works very well with the digestive system, calming and toning. Many of my customers utilise Chamomilla during their infant's TEETHING phases. It is the paramount homeopathic treatment for this condition. A common Chamomilla indication is one red cheek.

It is especially indicated when a child is irritable and fretful and cries when not being carried around.

Chamomilla is also recommended to reduce the pain of COLIC. It helps DISTURBED SLEEP, especially noisy sleepers who poke their feet out from the covers.

Chamomilla patients of all ages are *irritable and fretful* when ill and may sweat or faint. Symptoms are worse for cold winds and becoming angry.

Use Chamomilla for:

- ~ toothache relief
- ~ blocked ear/earache
- ~ painful heavy periods and soreness/inflammation associated with breast feeding
- ~ treating diarrhoea (especially green in infants)
- ~ relieving emotional/behavioural disturbances (a good one to keep close on hand for travel)
- ~ sleepy in the day, insomnia at night
- ~ ill effects of coffee/caffeine drinks/stimulants
- ~ reduce bloated stomach conditions (especially brought on by upsets emotionally)
- ~ can reduce heart palpitations
- ~ vomiting (quickly, caused by anger)



In the *First Complete English Physician* Culpepper recommends Chamomile as a strengthener of the womb. Highly recommended for transition stages of CHILDBIRTH. (yes, from lots of experience!!) Combine with Arnica*

KEYWORDS: stubborn, unbearable pain, anger, bloated, teething, intolerant, discontent, excitable, enraged.

Emotionally the Chamomilla patient dislikes company, being spoken to, being looked at, being touched. A Chamomilla child may *demand* a certain toy, and then hurl it across the room when it receives it. ☹

Can be useful for COUGHS, dry during sleep, irritating, tickling. Mucus tastes bitter. Worse at night. May not even wake sleeper.

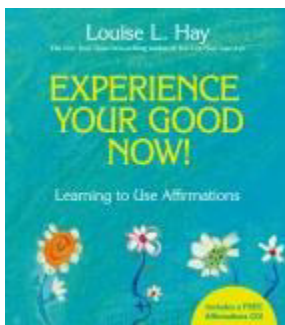
Joint pain with numbness may also benefit from Chamomilla.

In acute stages take 1 drop of Chamomilla 200c every 10 minutes (away from food)
For maintenance dosage take 1 drop 3 times a day.

Available in handy 10ml (240 drop) green glass bottles with white dripulator lid for \$13.50 at www.chaibliss.com
Mention this newsletter for a **SPECIAL PRICE OF \$10.**



AFFIRMATIONS/LOUISE HAY 'EXPERIENCE YOUR GOOD NOW!'



The whole theme of Louise L. Hay's work is to 'state/think that which you would like to experience in the present tense.'

As all of our thoughts and comments are requests the Universe lawfully fulfill, utilising the power of POSITIVE AFFIRMATIONS for all facets of our lives is a natural & sensible act.

Pg 6 explains...

'Doing affirmations is consciously choosing to think certain thoughts that will manifest positive results in the future. They create a focal point that will allow you to begin changing your thinking. Affirmative statements are going beyond the reality of the present into the creation of the future through the words you use in the now.'

Louise explains that when you state an affirmation , you're really saying to your subconscious mind: 'I am taking responsibility. I am aware that there is something I can do to change.'

"It takes some time to go from a seed to a full-grown plant... and so it is with affirmations ~ it takes some time from the first declaration to the final demonstration. Be patient."

(Butterfly note: as a play on words, imagine you are 'treating a patient'. Use the care & kindness of your loving heart towards yourself, the patient one ☺)

In 'Experience Your Good Now!' book and cd set Louise Hay asks us to 'examine the things we've believed and make a decision to either continue to believe them because they support us and make our life joyful and fulfilled, or make the decision to release them.'

This book takes it further, to help each of us create INDIVIDUAL & SPECIFIC affirmations by utilising a workbook type format. Themes discussed include:

Health
Emotions
Addictions
Prosperity
Love & intimacy

This is a lovely step on our journey to a wholistic happy life. ENJOY!

'Doing affirmations is not hard work... just because we've believed something negative about ourselves or about our lives does not mean that there is any truth to it.'



I CAN do it

MEDICINE WHEEL



Works in a CLOCKWISE direction.

Starting with the SOUTH ~ The place of coming into incarnation, where you are birthed.

Trust & innocence over fear. Connected to plants and trees. Healing of the PAST, ancestral lines & karmic inheritance. Highlighting SOUL PURPOSE. Realising how EMOTIONS/FEELINGS affect the physical body. WATER element. Colour RED. Connection with the MOON. TOTEMS = mouse, coyote, snake... animals that utilise BASE

energy.

SOUTHWEST ~ Dreaming place. Accessing progress on life lessons.

WEST ~ BLACK, feminine. EARTH element. Working with the PRESENT time. Intuition, change & rebirth over inertia, death, growing old. GOING WITHIN, teaches how to leave behind anything that no longer serves to move through into REBIRTH. Connection with the planet EARTH. TOTEMS = panther/jaguar, owl, crow... animals that utilise TRANSITION energy.

NORTH WEST ~ Habits, patterns & routines. Focusing on clear cellular memory. A RESET place to begin/continue with healthful life choices.

NORTH ~ Knowing. AIR element, thoughts. Deals with the FUTURE. Colour WHITE. Connection with the STARS. Focusing & integration of levels of the MIND. TOTEMS = wolf, horse, buffalo... animals who utilise PROGRESSION.

NORTH EAST ~ Place of choices. Utilising MOTIVATION, COMMON SENSE, SPIRITUAL INSIGHTS. Assimilates ideas & balances highs & lows.

EAST ~ Creativity. BEYOND time. YELLOW/GOLD. FIRE element. Spirit. ILLUMINATION, ENLIGHTENMENT, BEAUTY. Connections to the SUN. TOTEMS = eagle, hawk, condor... animals that utilise ELEVATION. The spark of pure spirit.

SOUTH EAST ~ Place of the ancestors. A place to reprogram cellular memory to heal family. Soul groups.

CENTRE ~ ALL that is.

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